

## **Gluten Free**

**Selection of bread rolls & bread**

**Corn Flakes, Fruit Muesli & Porridge Oats**

**Croissants & Waffles**

**Selection of chopped and whole fruits**

**Selection of dried fruit and nuts**

**Yoghurts- Fresh Greek plain yoghurt & Golden Acre  
flavoured pots**

## **Hot Items**

**Fried eggs, tomatoes, mushrooms, baked beans,  
beetroot falafel, poached eggs (no vinegar)  
& hummus**

*(our chef's are happy to make anything fresh)*

## **Gluten Free French Toast**

## **Condiments and Conserves**

**Tomato Ketchup, Lurpack, Flora, Maple Syrup,  
Sunpat peanut butters, Coronet jam portions, Nutella**

## **Antipasti**

**Chicken slice, ham slice, olives, Applewood  
smoked, Mexicana**

## **Why not try?**

**Croissants & Jam / Waffles and Maple Syrup / Peanut  
butter toasted sandwich**