



THE **G**LYNHILL  
HOTEL & SPA

## RELAX & REVIVE

Indulge in our relaxing spa treatments and rejuvenate your mind, body and soul.

### Treatment List:

- Back, neck and shoulder massage
- Mini facial
- Reflexology
- Body scrub
- Indian head massage

Email:  
[leisure@glynhill.com](mailto:leisure@glynhill.com)

Phone:  
0141 886 5555 (option 4)

### Relax & Refresh

- One 25 minute treatment
- Use of leisure facilities with complimentary use of robes, towels and slippers
- Afternoon tea

£75 per person

### Rejuvenate

- Two 25 minute treatments
- Use of leisure facilities with complimentary use of robes, towels and slippers
- Afternoon tea with a glass of Prosecco

£109 per person

### Replenish

- Three 25 minute treatments
- Use of leisure facilities with complimentary use of robes, towels and slippers
- Afternoon tea with a glass of Prosecco

£140 per person

A woman is lying on her back, receiving a hot stone massage. Her eyes are closed, and she has a white flower with a yellow center tucked into her dark hair. Several dark, smooth hot stones are placed along her spine. She is resting on a white towel.

## Spa Package

Unwind with an overnight stay with full leisure access, 30 minute treatment per person, and breakfast

Sun-Thurs - £195 per couple

Fri & Sat - £215 per couple

---

## Spa Package with Afternoon Tea

Unwind with an overnight stay with full leisure access, 30 minute treatment per person, afternoon tea with a glass of Prosecco, and breakfast

Sun-Thurs - £237 per couple

Fri & Sat - £257 per couple

---

## Spa Package with Dinner

Unwind with an overnight stay with full leisure access, 30 minute treatment per person, two course evening meal from our Resident's Menu, and breakfast

Sun-Thurs - £245 per couple

Fri & Sat - £265 per couple

---

## Spa Package with Afternoon Tea & Dinner

Unwind with an overnight stay with full leisure access, 30 minute treatment per person, afternoon tea with a glass of Prosecco, two course evening meal from our Resident's Menu, and breakfast

Sun-Thurs - £287 per couple

Fri & Sat - £307 per couple

# OVERNIGHT PACKAGES